

For him

Massages

Swedish Full Body Massage	60min	R 400
Couples Massage	60min	R 800
Hot Stone Full Body Massage	60min	R 480
Deep Tissue Massage	45min	R 390
	60min	R 490
Indian Head Massage	30min	R 250
Foot Massage	30min	R 190

Nimue Facials - Basic

Therapeutic	60min	R 380
Deep Cleanse	45min	R 460
Active Rejuvenation	60min	R 635

Waxing

Ears and Nose	R 85	½ Leg	R 190
Toes / Fingers	R 65	¾ Leg	R 230
Brows	R 85	Full Leg	R 250
Chest	R 280	Full Arm	R 180
Underarm	R 110	Back	R 280
Stomach	R 250		

Hands and Feet

Express Mani/Pedi	R 85
Standard Manicure	R 170
Standard Pedicure	R 220
Add Mediheel for	R 80

Packages

Mom To Be 3 ¼ hrs R 990
Pregnancy Massage ♥ Pregnancy Glow Facial
Deluxe Pedi

Yummy Mummy 3 ¼ hrs R 860
Pregnancy Massage ♥ Deluxe Pedi ♥ Standard Mani

Relax to the Max 2 ¼ hrs R 750
Pure Bliss Massage ♥ Indian Head Massage
Therapeutic Facial

Couple's Breakaway 3 hrs R 1800
Aroma Full Body Massage ♥ Therapeutic Facials
Standard Pedi ♥ Free Pregnancy Upgrade

Mom and Princess (3-12 yrs) 1¼ hrs R 590
Mom – Express Mani ♥ Standard Pedi ♥ Foot massage
Princess – Mini Facial ♥ Mini Manicure ♥ Mini Pedicure

Mom and Daughter (13yrs +) 2 hrs R 750
Pure Bliss Massage ♥ Standard Pedicure

Princess Pamper Party Packages
5 – 12 Years 1hrs R 150
Nail polish on hands and feet ♥ Includes Glitter and
Nail art stickers ♥ Facial mask
13 – 18 Years 1 ½ hrs R 200
Mini Mani ♥ Mini Pedi ♥ Nail Polish ♥ Nail Art and Mini
Facial

* All packages come with free cake/cupcake and
coffee/tea or juice

Treatment Menu



Claremont, 57 2nd Avenue



081 021 2833



info@bellyandbeyond.co.za

Massages

♥ Mama Mio Pregnancy Massage	60min	R 550
♥ Back to Bliss Preggie Massage	60min	R 500
♥ Baby Moon Massage	60min	R 850
♥ Leg and Foot Reviver Massage	45min	R 350
♥ Pure Bliss Massage	45min	R 300
Swedish Full Body Massage	60min	R 400
Aroma Full Body Massage	60min	R 450
Couples Massage	60min	R 800
Hot Stone Full Body Massage	60min	R 480
Deep Tissue Massage	45min	R 390
	60min	R 490
Indian Head Massage	30min	R 250
Foot Massage	30min	R 190

Body Wraps

Butter Me Up Body Wrap		
Full Body	90min	R 550
Spot	45min	R 390

mama
mio

* Pregnancy safe Facial and Body Treatments are indicated with our Pregnancy Approved symbol



All Manicures, Pedicures and Grooming is

100% pregnancy safe

Nimue Facials - Basic

♥ Therapeutic	60min	R 380
♥ Deep Cleanse	45min	R 460
Active Rejuvenation	60min	R 635

Nimue Facials – Advanced

♥ 35% Glycolic Treatment	60min	R 750
♥ 7.5% TCA Treatment	60min	R 810
Nimue SRC™ Skin Treatments		
♥ Hyperpigmented	60min	R 750
♥ Problematic	60min	R 750
♥ Environmentally Damaged	60min	R 750

Hands and Feet

Standard Manicure	60min	R 200
Deluxe Manicure	75min	R 260
Standard Pedicure	60min	R 250
Deluxe Pedicure	75min	R 320
Express Mani/Pedi	30min	R 100

Gelish

Gelish Application Only	R 190
Add Gelish to Manicure	R 90
Add Gelish to Pedicure	R 110
Soak-off Hands/Feet	R 75

gelish
SOAK-OFF®
GEL POLISH

nimue
SKIN TECHNOLOGY

Waxing

¼ Leg	R 190	Lip	R 85
¾ Leg	R 230	Chin	R 85
Full Leg	R 245	Nose	R 85
¼ Arm	R 130	Bikini	R 130
Full Arm	R 170	Brazilian	R 190
Underarm	R 100	Hollywood	R 240
Brows	R 85		

Tinting

Eyelash	R 80	Eye Brow	R 80
Combo	R 210	Brow Shape	R 80

Lashes

Classic Full Set	R 600
2 Week Fill	R 325
3 Week Fill	R 400
Lash Removal	R 150
Lash Lift Treatment	R 450



Teens & Tweens

De-Stress Massage	30min	R 200
Besties Duo Massage	45min	R 500
Teenage Facial Cleanse	45min	R 340
Mini Manicure	60min	R 160
Mini Pedicure	60min	R 200

(Free nail art sticker with mani and pedi)